



4th Annual Heart of Katy Fun Run | Walk Saturday, February 20, 2010

You're invited to join **CHRISTUS St. Catherine Hospital's** sanctioned, certified 5K Fun Run and Walk. This event will include a 5K Run, 1 Mile Kids Run and a 1 Mile Family Walk|Run. Each dollar raised will stay in our community, supporting the only Comprehensive Heart Program in Katy. Join us for a fun-filled day for the entire family! Sponsorship opportunities are available.

Event Timeline:

7:00 - 8:00 a.m..... Late Registration, Packet Pickup
 8:00 a.m. Announcements and Line Up
 8:15 a.m..... 1 Mile Kids Run begins
 8:30 a.m. 5K Run begins
 9:15 a.m..... Family Walk begins
 Following the race, stay for our awards and after party.

Packet Pickup Day

Packets can be picked up on
 Friday, February 19 from 12 noon - 7:00 p.m. at:
 CHRISTUS St. Catherine Hospital
 701 S. Fry Rd.
 Katy, Texas 77450 (use fountain entrance)

Entry Fees: (per entrant)

5K Race:

\$25 prior to 2/1
 \$30 after 2/1

1 Mile Kids Race (12 & under)

\$15 prior to 2/1
 \$20 after 2/1

1 Mile Family Walk

\$10 prior to 2/1
 \$15 after 2/1

Please add \$5 to my registration to assist St. Catherine Fund Community Outreach Programs

Race Times and Award Categories:

8:15 a.m. - 1 Mile Kids Run – Timed
 12 & under
 (Top three boys and girls)

8:30 a.m. – 5K Run – Chip Timed
 13-19, 20-29, 30-39, 40-49,
 50-59, 60+
 Overall male and female Winner
 Overall male and female Master
 Top three males and females
 in each category

9:15 a.m. – 1 Mile Family Walk
 An award of spending quality
 (heart healthy) time with family
 and friends.

Please use one form for each runner

Make checks payable
 to **CHRISTUS**
St. Catherine Fund
 and mail to:
701 S. Fry Road
Katy, Texas 77450
 or register online at
christusfoundation.org

Name _____ (circle one) (Male) (Female)
 Address _____ City _____ State _____ Zip _____
 Phone _____

T-Shirts (circle one) Adult Sizes (S) (M) (L) (XL) Youth Sizes: (Youth Medium) (Youth Large)

Age on 2/20/2010 _____

In consideration of your accepting this entry, I release, for myself, my heirs, executors, and administrators, all parties involved in the planning or staging of the fun run (including their representatives, officials and sponsors).

Signature _____

Date _____

Parent's signature if under age 18 _____

Date _____